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Homemade Shampoo: How To Make Liquid Castile Soap



Synopsis

Homemade Shampoo And How To Make liquid Castile Soap Many Commercial shampoos have questionable ingredients in them. If we move beyond the "toxic" discussion and just talk beauty, there are many reasons to consider a different approach. Most brand name shampoos strip the scalp of our body's natural oils and in an effort to naturally correct this our body tries to balance itself back out by producing more oil. In turn our hair gets very greasy very quickly. This reason causes people to feel a need to wash their hair every day. And due to the build up it becomes necessary. The truth is our shampoos are destroying our hair's natural balance. The products we use to clean and condition our hair is making us well, more greasy.

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Customer Reviews

This is a short, very basic primer on making a liquid Castile soap, plus a few "recipes" for making shampoos from the result. Good safety tips, explanations and 'how to' section. Great for a first time soap maker, making real Castile soap. Note: this is not a "hobby", melt and pour type soap. This is the real deal, using lye. Pay attention to the warnings and safety tips. They really matter.

Over 200 pages, not a single picture on the process to make liquid soap...the information included in here can be found in free blogs as well...do not waste your money!

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